



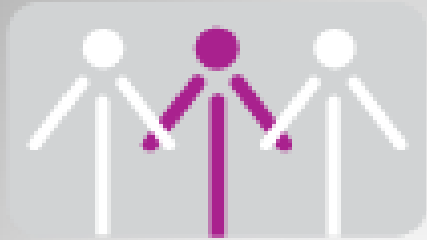
Dealing with Alzheimer's and Dementia: Activities in a Box:

Helping your staff and families provide
cognitive stimulation

Stephanie Erickson, MSW, PSW, LCSW



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- ✓ Psychosocial assessments
 - ✓ Safety assessments
 - ✓ Nursing assessments
 - ✓ Cognitive stimulation
- ✓ Dietician, Recreation therapist
 - ✓ Occupational therapist
 - ✓ Toolkits
 - ✓ Client events
- ✓ Professional consultation and training



PRESENTATION OVERVIEW

- 1 DEMENTIA DEFINED, EVALUATION, SYMPTOMS, STAGES
- 2 ACTIVITY CATEGORIES – STAFF AND FAMILY OPTIONS
- 3 EXAMPLES: ARTS AND CRAFTS, SENSORY, THERAPEUTIC, ADL'S
- 4 CONVERSATION IDEAS
- 5 SCHEDULING, PATIENT "CHEAT SHEET"
- 6 STAFF RESISTANCE AND ENGAGEMENT



Individuals who are well rested, have the proper nutrition, exercise regular and are cognitively stimulated will be happier and disturb the staff less.

TAKE HOME MESSAGE...

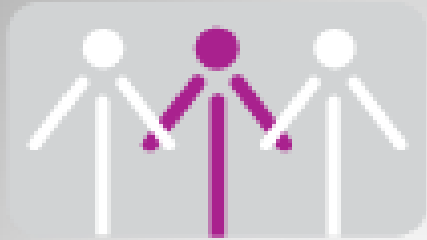


Employees who achieve professional success through on-going knowledge acquisition and support will feel better, be healthier, and work harder.

TAKE HOME MESSAGE...



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For more information about the complete training, or to schedule this training at your organization, please contact Stephanie Erickson at (514) 795-7377 or visit the Erickson Resource Group website at www.ericksonresource.com